

2 Tim. 1:7

Overcoming

Fear

What Is Fear?

- God-created human emotion
- Levels: apprehension; being afraid; terror; panic.
- Personal & shared fears...

Positive Effects of Fear:

- Protection from harm
- Motivation not to sin

Negative Effects of Fear:

- Steal our peace of mind
- Can paralyze

Overcoming Our Fears:

- Most fears never materialize.
- Take positive steps to dismantle.
- Avoid circumstances that enhance.
- Trust God to deliver.

Remember...

Psa. 34:4

Isa. 35:3-4

Lk. 12:32

Heb. 13:6

Greatest Fear...

Meeting God Unprepared

Mt. 10:28

Heb. 10:29-31

The Cure...

I Jn. 4:15-19

Accept Jesus As Lord

